

## **Boys & Girls Club of Corvallis: Summer Clubhouse**

This summer, the Boys & Girls Club of Corvallis will open its doors to all members for no additional charge. It is our hope that this will encourage Corvallis youth to use the Club as a fun, safe place to hang out and socialize with friends or take part in one of our positive youth development programs.

The Club will be open from 11am – 6pm, Monday through Friday. Memberships can be obtained by visiting our website ([www.bgccorvallis.org](http://www.bgccorvallis.org)) and clicking on the “Register ONLINE Now!” link. The cost of an annual membership (September through August) is \$25.

### **Summer Programs**

The Club will offer several programs for members this summer. Programs meet regularly throughout the week – members who sign up for a program are expected to participate in the program until its completion. The programs we will offer this summer include:

#### **SMART Moves**

(Skills Mastery and Resistance Training) is a nationally acclaimed comprehensive prevention program that helps young people resist alcohol, tobacco and other drugs and avoid premature sexual activity. The program features interactive, small-group activities designed to increase participants’ peer support, enhance life skills, build resiliency and strengthen leadership skills. SMART Moves is broken into the following age appropriate sessions:

**Start SMART (ages 10-12):** Meets Mondays and Tuesdays from 1:00pm-2:30pm starting on June 16<sup>th</sup>.

**Stay SMART (ages 13-15):** Meets Wednesdays and Thursdays from 1:00pm-2:30pm starting June 18<sup>th</sup>.

Members wishing to enroll in either session must register no later than June 13<sup>th</sup>. Permission from a parent or guardian is also required to attend the sessions.

#### **NetSmartz**

NetSmartz seeks to teach and reinforce skills, knowledge and attitudes supporting safe and ethical use of the Internet. The program uses computer-based tutorials with state-of-the-art animation to deliver games to younger participants and interactive quizzes for older participants. Lessons learned via the multimedia material are reinforced through interaction with and guidance from Club professionals. NetSmartz will be broken into two sessions:

**Clicky’s Web World (ages 6-7):** Meets Tuesdays from 3:00pm-4:00pm starting June 17<sup>th</sup>.

**NetSmartz Rules (ages 8-12):** Meets Thursdays from 3:00pm-4:00pm starting June 19<sup>th</sup>.

## Summer Clubs

In addition to our programs, the Club will also sponsor several Clubs. Clubs meet regularly to take part in activities that members have a personal interest in. New Clubs can form at any time; the following Clubs will have a set schedule and staff support:

### Digital Photography Club

Open to all ages, the Digital Photography Club teaches members proper techniques for using a digital camera, transporting images to a computer, editing images, and printing pictures. Digital cameras and printers are available for members to use. Pictures generated by members can be submitted to a local ImageMakers Local Photography Contest. This Club will meet on Wednesdays from 1:00pm-2:00pm.

### DJ Lab

Using Club equipment, members can learn how to mix and blend music using two CD turntables and an audio mixer. Members enrolled in DJ Lab who will be entering or returning to middle school during the 08/09 school year will be eligible to DJ the monthly middle school dances. This club is open to all teen members and will meet on Mondays from 4:00pm-5:00pm.

### Audio Mixing Club

For members more interested in creating their own music rather than playing somebody else's, the Club will offer Audio Mixing sessions. Using our digital mixing board, synthesizer, and instruments brought from home, members can record, edit, and produce their own CDs. This club is open to all teen members and will meet on Tuesdays from 4:00pm-6:00pm.

### Speed Stacks Club

Open to all ages, the Speed Stacks Club engages members in a new sport known as Sport Stacking. Using small, specially designed, plastic cups, members compete against each other to see who can stack their cups in the fastest time. Research has found that sport stacking helps students develop bilateral proficiency, or equal performance on both sides of the body. Speed Stacks Club will meet daily from 1:00pm-2:00pm.

## Summer Activities

In addition to our regularly scheduled programs and club meetings, members will also have the opportunity to enjoy various on-the-spot activities in any of the following areas:

**Games Room:** Members can enjoy foosball, pool, table tennis, bumper pool, board games, card games, tournaments and more.

**Technology Center:** Members can participate in educational games, surf the net, and take computer classes.

**Gym/Outdoor Recreation:** Members can play basketball, volleyball, soccer, and daily gym games.

**Art Center:** A place where children are encouraged to let their creativity flow. Participate in daily craft projects, art classes ( i.e., sewing, beading, sculpting), painting, and more.

**Teen Center:** A room set aside just for teens. While in the teen center, members can watch cable television, use computers connected to high speed internet, play game systems such as Playstation 2 or Xbox 360, listen to music on our MP3 Jukebox, or sing karaoke.